



Your Champion Success Coaching Program

Mindset + Belief = Action

The outline below details topics covered that will be tailored according to your personal needs. Our goal is to help you quickly and effectively get you from Point A to Point B.

Program 1: Champion Breakthrough:
Where you are now **(5hrs total)**

- Your detailed personal history
- Who you are not what you do - realising the difference
- Getting to know every facet and gift within yourself
- Self Management skills and understanding change
- Your Action Plan

Program 2: Champion Breakthrough Plus:
Where you want to be **(5hrs total)**

- The Success Wheel in the 6 key areas of your life
- Ignite the passion - learning what motivates you
- Reality of what motivates you - 3 areas most important in your life
- Identifying the demotivators - procrastination & loss of focus
- Your Action Plan including goals and outcomes

Program 3: Champion Goalsetting:
How you will get there **(4hrs total)**

- Confidently create, pursue and attain your goals
- Defining what you want to achieve
- 7 Taylor-Made Steps to goal getting
- 5 Champion strategies for effective goalsetting
- Champion Plan 5yr, 1yr, 6mth, 3mth and 30 day goals

Program 4: Champion Plan for Life:
Where to now **(4hrs total)**

- Winning long term - your life purpose
- Your 5yr & 10 yr focus
- Defining what motivates you for your future
- Designing your personal vision & mission statement

7 time World Champion creating Champion Mindsets® with Taylor-Made Solutions!

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