



Champion Mindset® Consulting

Business Coaching

If you seriously want to transform your business and your life this year maybe it's time for you to make a change...now! Why not make now count for something different? As Business Coach, there are just so many people desperate to know how to manage their business more effectively and find more time in their day.

As you reflect on the year that was as we launch into the new (financial) year, you may be asking yourself how will I manage my small business and what do I need to do to work effectively?

If you're feeling stuck in a rut and life's throwing you every challenge imaginable, help is available if you want it. Those "character building" times can be too much to handle all alone, getting back on your feet, brushing yourself off and re-focussing on what to do as a small business owner is easier said than done.

You've probably heard about business coaching, but the idea may conjure up images of a control freak coming in and taking control of your life. It's anything but. Business Coaching has many titles including life coaching, success coaching, executive coaching, performance coaching and even mentoring to name just a few. Coaching is not the same as psychotherapy. And they can overlap where coaching works from the present to the future compared to psychotherapy working past to present.

Business Coaching assists anyone who has the courage to seek professional, qualified guidance to deal with their issues, learn from them and move forward with their lives. It is a process that allows you to create more of what you would like within all areas of your life: business, career development, family, health, finances and relationships.

Why does Business Coaching work?

Because coaching is a personal relationship where your coach is your partner, working with you to achieve the success you want in your business. It is based entirely on your needs, your goals and your values. There is only one agenda – you. It's about you choosing the life you'd like to lead: success in business or career; balance between work and family; financial prosperity and a sense of being in control, feeling more motivated, happy and productive.

Business Coaching means change, so outcomes focus on solutions rather than problems. A coach facilitates profound and rewarding change in you, in your business, so you have to want to change - unless you want to keep your problem!



What should I look for in a business coach?

Business Coaching inspires and empowers you to truly believe you can become the Champion of your own business. A coach can be the friend you never had, someone who may even tell you what you don't want to hear. They are someone who will encourage you when you're feeling out of your depth and challenge you when you're limiting yourself from realising your dreams. A coach will provide you with honest feedback in a respectful supportive way.

Business Coaching is very results and action based so employ a coach who believes in their services and provides a 100% money-back guarantee policy that offers confidence too...

Why would I need a business coach?

Isn't it true that it is so easy to leave a presentation with good intentions only to allow life's little interruptions to get in the way of our success?

That is the reason why I decided to take up personalised coaching and offer ongoing support as problem areas are identified and changed within your work life...and of course this always impacts on your personal life. It helps enormously to connect regularly and keep up the momentum. Without ongoing support, it is just too easy to throw the towel in.

Business Coaching has proven results and it is one of the fastest growing industries today. In fact, out of all the coaching services that are available today time management was top of the list in what people wanted assistance with. And why wouldn't it be? After all, time is the most important commodity we have. Without it we have nothing.

So learning ways to better manage yourself and achieve your business goals, from someone who is qualified to help, is essential in getting you to become the Champion of your life!

Wouldn't it be great to have someone on your side cheering you on to success? Can you imagine the feeling of finally achieving the life you desire? Isn't it time that you got clarity and focus in your business?

For more information pick up the phone now and call me on 1300 78 41 70.

I look forward to speaking with you.

Go to www.championmindset.com.au and see client testimonials that clearly outline the success they have achieved with our coaching program. You can experience similar results in your life also...if only you give it the chance.

And remember: "If you don't quit – you will make it!"